

Household budget survey and population welfare

Food Consumption in Households

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- [1. Key points](#)
- [2. Food Consumption in Households](#)
- [3. Glossary](#)
- [4. Methodological explanations](#)
- [5. Links to related publications](#)
- [6. Useful links](#)

1. Key points

In the first quarter of 2023, compared with the corresponding period of the previous year, the largest decrease in consumption was observed for bread products and cereals (by 5.8%), fish and seafood (by 2.3%). Consumption growth was recorded for eggs by 6.6%, fruit – by 2.8%, sugar and confectionery – by 2.6%.

Meat and meat products (16.8%), bread products and cereals (7.9%) account for the largest share of food purchase expenses in household consumer spending, as in previous periods.

2. Food Consumption in Households

Food consumption in I quarter of 2023

on average per capita per quarter, kg

	Bakery products and cereals	Meat and meat products	Fish and seafood	Milk and dairy products	Eggs (pieces)	Oils and Fats	Fruits	Vegetables	Potatoes	Sugar, jam, honey, chocolate, confectionery
Republic of Kazakhstan	30,6	19,5	3,4	55,4	50,4	3,9	16,0	17,5	11,2	10,5
Abai	28,9	18,1	3,3	55,4	52,8	3,6	13,5	13,8	7,7	9,0
Akmola	30,1	22,0	4,3	69,4	64,4	5,0	17,8	15,2	11,5	11,9
Aktobe	28,8	17,3	2,9	44,7	43,6	3,8	13,8	14,4	10,1	10,7
Almaty	36,1	21,7	3,4	45,4	43,2	3,3	14,2	16,4	10,3	11,4
Atyrau oblysy	30,1	21,8	4,5	44,8	43,3	3,6	11,3	13,8	10,0	9,3
Batys Kazakhstan	32,7	21,7	4,4	51,3	46,4	4,1	16,9	18,4	13,2	9,8
Zhambyl	34,2	22,7	3,5	57,0	44,6	4,4	15,0	17,3	12,3	11,6
Zhetisu	32,8	20,9	3,2	48,5	41,9	3,5	15,1	18,7	9,9	11,9
Karagandy	25,8	18,9	3,3	63,0	66,0	4,4	17,2	14,4	11,6	11,0
Kostanai	28,1	18,8	4,2	50,3	59,8	3,9	16,0	19,0	13,3	10,7
Kyzylorda	30,8	15,2	4,0	40,8	41,9	3,8	12,1	14,7	10,8	9,9
Mangystau	23,4	22,9	2,4	58,1	42,0	4,6	23,4	19,3	12,5	9,1
Pavlodar	31,3	21,5	3,4	59,4	47,3	4,0	16,3	17,2	12,5	10,8
Soltustik Kazakhstan	27,4	19,8	4,4	57,2	64,2	3,6	16,7	14,4	11,2	10,5
Turkistan	41,1	16,3	3,0	55,2	42,8	4,8	14,3	22,7	10,9	10,4
Ulytau	33,0	19,9	2,9	69,3	65,8	5,8	19,3	16,4	12,9	15,6
Shygys Kazakhstan	28,5	21,2	4,8	69,8	54,0	3,6	17,7	15,1	10,5	10,4
Astana city	24,6	18,3	3,1	60,8	61,5	2,9	19,2	17,8	11,6	8,4
Almaty city	24,3	21,0	3,7	67,7	56,7	3,9	19,3	20,2	12,3	11,8
Shymkent city	32,0	15,0	1,5	41,5	44,9	3,3	12,4	17,1	9,6	8,5

Consumption of basic food products by quarters

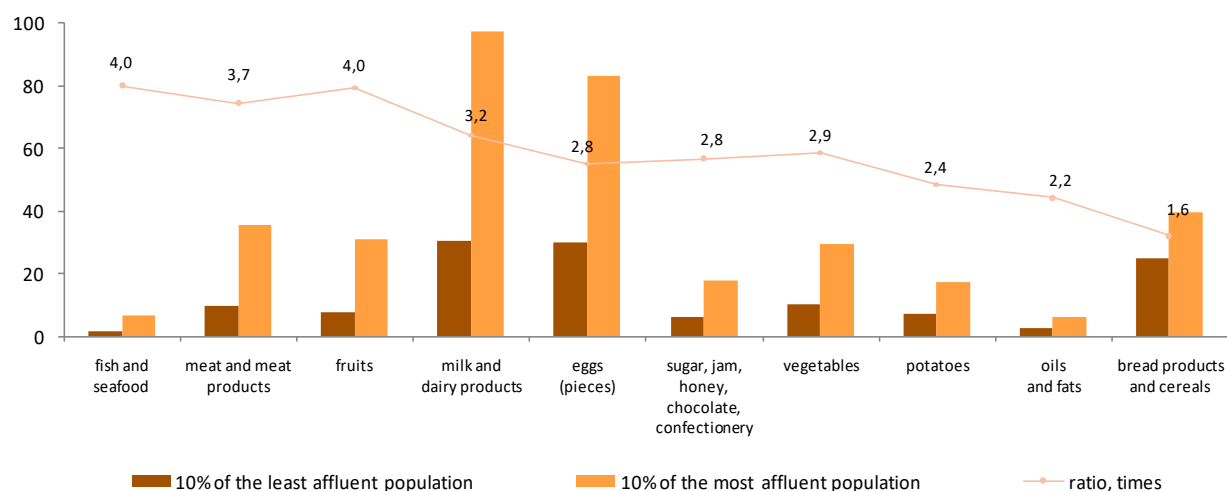
on average per capita per quarter, kg

	Bakery products and cereals	Meat and meat products	Fish and seafood	Milk and dairy products	Eggs (pieces)	Oils and Fats	Fruits	Vegetables	Potatoes	Sugar, jam, honey, chocolate, confectionery product
2019	136,3	78,9	14,6	253,5	194,3	17,1	77,4	86,6	48,5	42,9
I quarter	34,4	19,5	3,5	63,0	47,1	4,4	15,7	19,1	12,1	10,7
II quarter	33,6	19,1	3,6	63,3	49,4	4,2	15,3	20,3	11,7	10,7
III quarter	34,0	19,9	3,5	63,9	48,4	4,1	28,5	24,7	12,1	11,0
IV quarter	34,3	20,3	3,9	62,4	48,7	4,3	17,8	22,2	12,6	10,4
2020	140,3	83,7	15,1	259,4	199,1	17,3	78,7	86,4	50,1	43,0
I quarter	35,4	21,0	3,7	66,2	49,7	4,3	17,0	19,4	12,9	10,9
II quarter	35,0	20,3	3,8	66,0	50,4	4,4	15,9	21,1	12,1	10,8
III quarter	35,0	21,3	3,7	64,7	50,4	4,3	27,9	24,9	12,7	11,0
IV quarter	35,5	21,3	4,0	63,4	49,2	4,3	18,0	21,2	12,5	10,6
2021	133,8	82,3	14,8	243,2	193,9	16,2	76,8	80,6	46,3	44,0
I quarter	32,6	19,8	3,4	57,7	46,3	3,9	15,5	17,9	11,6	10,4
II quarter	33,3	20,2	3,8	61,3	49,1	4,2	15,9	19,9	11,5	11,0
III quarter	33,6	20,9	3,6	61,9	49,6	4,1	28,4	22,9	11,6	11,6
IV quarter	34,3	21,3	4,0	62,2	48,8	4,0	17,1	19,9	11,7	11,1
2022	128,0	78,2	14,1	226,4	194,6	15,7	73,0	77,6	45,0	41,1
I quarter	32,5	19,8	3,5	56,3	47,2	3,9	15,6	17,4	11,4	10,3
II quarter	31,8	19,0	3,5	58,0	48,9	3,9	15,0	19,1	11,2	10,2
III quarter	31,7	19,3	3,4	56,3	48,4	3,9	26,0	22,0	11,1	10,4
IV quarter	32,0	20,1	3,7	55,4	49,4	3,9	16,4	19,1	11,2	10,4
2023										
I quarter	30,6	19,5	3,4	55,4	50,4	3,9	16,0	17,5	11,2	10,5

In the reporting period, 10% of the least affluent population compared to 10% of the most affluent population consumed fruits, fish and seafood 4 times less, meat and meat products – 3.7 times, milk and dairy products - 3.2 times.

Consumption of staple foods in households at 10% least and 10% of the most affluent (decile) population groups

times



Elektronnye tables:

[Food Consumption in Households of the Republic of Kazakhstan](#)

Dynamic tables:

[1. Consumption product queries population for 2000 -2022 year.](#)

[2. Consumption mainservice product queries population by quarter \(in average of Dushu, kg\) for 2015-2023g.](#)

3. Glossary

Household housekeeping – a extraveconomical subject, living in one or the other physical person, living in a shuttle, sharing in or part of its income and property, and in a shuttle consuming cargo and services.

Main consumption of the main product queries, in the average population-quantity of product queries (separate by type of product), consumption in the average member of the household consumption for a variable length of time. On the other hand, we calculate the putem divisions to be used by the species of the species and the species of the species to be used by the species of the species. Below, a group consumption group is split into four groups representing a particular product.

4. Methodological explanations

Data on the survey of population budgets by standard of living are formed on a quarterly and annual basis, based on surveys of 12,000 households, in accordance with the Methodology of organizations and conducting a sample survey of households by standard of living, approved by Order No. 31 of the Chairman of the Committee on Statistics of the Ministries of National Economy of Kazakhstan dated July 2, 2020, registered with the Ministry of Justice Of the Republic of Kazakhstan on July 3, 2020 No. 20922, with the methodology of the constructed sample of households on the survey of living standards, last week the chairman of the committee on statistics Ministries of the National Canberrans of Kazakhstan from December 14, 2015 to apostille 202.

5. Links to related publications

Collection "living populations in Kazakhstan"

6. Useful links

[Methodology for organizing and conducting a sample survey of households by standard of living](#)

[Household sampling methodology for the Living Standards Survey](#)

[Statistical form D 003 "Diary of daily expenses"](#)

[Statistical form D 004 "Register of quarterly expenses and incomes" \(frequency quarter and year\)](#)

[Consumption of basic food products, Information and analytical system «Taldau»](#)

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