

# Food Consumption in Households

Date of publication: 10.12.2024  
Date of next publication: 18.03.2025

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## 1. Key points

Meat and meat products (16.3%), bread products and cereals (7.6%) account for the largest share of food purchase expenses in household consumer spending, as in previous periods. The highest level of consumption of meat and meat products is observed in Zhambyl, Akmola, Zhetysu and the lowest is in the city of Shymkent.

## 2. Food Consumption in Households

### Food consumption in III quarter of 2024

on average per capita per quarter, kg

	Bakery product and cereals	Meat and meat products	Fish and sea food	Milk and dairy products	Eggs (pieces)	Oils and Fats	Fruits	Vegetables	Potatoes	Sugar, jam, honey, chocolate, confectionery
<b>Republic of Kazakhstan</b>	31,2	20,5	3,5	59,1	52,5	4,0	29,1	22,6	11,4	11,3
Abay	31,6	18,0	2,4	62,3	39,8	3,3	16,5	16,0	8,0	9,9
Akmola	29,7	23,5	5,1	78,6	79,2	4,6	27,5	18,6	12,7	12,2
Aktobe	29,0	17,2	2,7	54,6	47,4	3,9	31,5	17,7	10,7	11,0
Almaty	33,1	21,9	3,1	53,4	54,5	3,7	24,3	19,1	10,5	10,6
Atyrau	30,6	22,9	4,5	47,1	47,1	3,5	29,0	19,6	9,9	8,7
Batys Kazakhstan	33,9	20,6	4,6	57,3	50,3	4,7	27,4	20,4	15,6	9,4
Zhambyl	35,9	23,6	3,6	59,6	45,6	4,5	36,1	24,6	11,4	13,0
Zhetysu	37,8	23,5	3,7	68,9	40,1	3,7	25,7	23,8	11,5	11,8
Karagandy	26,9	22,8	3,7	75,0	75,3	4,9	30,2	21,9	13,6	13,6
Kostanay	29,8	22,5	4,5	64,3	60,8	4,4	26,9	23,9	13,2	12,1
Kyzylorda	32,7	16,2	3,9	41,6	43,7	4,0	36,1	23,9	11,3	11,2
Mangystau	24,9	21,5	2,8	44,7	32,4	4,8	19,8	16,5	11,2	10,2
Pavlodar	29,4	22,8	4,1	66,3	53,1	4,4	24,6	20,4	13,5	12,0
Soltustik Kazakhstan	27,1	20,2	5,9	62,5	65,0	3,6	25,7	18,6	12,0	10,5
Turkistan	43,1	16,0	3,1	47,4	43,0	4,2	26,5	25,7	10,1	11,3
Ulytau	26,5	19,1	2,5	60,6	52,9	5,9	23,2	20,7	10,7	15,4
Shygys Kazakhstan	27,4	21,7	4,5	73,8	55,4	3,8	27,5	18,4	11,0	10,4
Astana city	25,8	21,7	3,2	68,2	62,7	2,5	37,1	25,2	12,5	10,9
Almaty city	24,5	22,7	4,0	71,1	56,1	4,1	34,0	27,8	11,2	13,3
Shymkent city	32,7	15,0	1,2	37,3	48,4	3,2	30,2	26,8	9,7	8,3

In III quarter of 2024, compared with the corresponding period of the previous year there was a slight rise in consumption for all major groups of food products.

### Consumption of basic food products

on average per capita, kg

	Bakery product and cereals	Meat and meat products	Fish and sea food	Milk and dairy products	Eggs (pieces)	Oils and Fats	Fruits	Vegetables	Potatoes	Sugar, jam, honey, chocolate, confectionery product
<b>2020</b>	140,3	83,7	15,1	259,4	199,1	17,3	78,7	86,4	50,1	43,0
I quarter	35,4	21,0	3,7	66,2	49,7	4,3	17,0	19,4	12,9	10,9
II quarter	35,0	20,3	3,8	66,0	50,4	4,4	15,9	21,1	12,1	10,8
III quarter	35,0	21,3	3,7	64,7	50,4	4,3	27,9	24,9	12,7	11,0
IV quarter	35,5	21,3	4,0	63,4	49,2	4,3	18,0	21,2	12,5	10,6
<b>2021</b>	133,8	82,3	14,8	243,2	193,9	16,2	76,8	80,6	46,3	44,0
I quarter	32,6	19,8	3,4	57,7	46,3	3,9	15,5	17,9	11,6	10,4
II quarter	33,3	20,2	3,8	61,3	49,1	4,2	15,9	19,9	11,5	11,0
III quarter	33,6	20,9	3,6	61,9	49,6	4,1	28,4	22,9	11,6	11,6
IV quarter	34,3	21,3	4,0	62,2	48,8	4,0	17,1	19,9	11,7	11,1
<b>2022</b>	128,0	78,2	14,1	226,4	194,6	15,7	73,0	77,6	45,0	41,1
I quarter	32,5	19,8	3,5	56,3	47,2	3,9	15,6	17,4	11,4	10,3
II quarter	31,8	19,0	3,5	58,0	48,9	3,9	15,0	19,1	11,2	10,2
III quarter	31,7	19,3	3,4	56,3	48,4	3,9	26,0	22,0	11,1	10,4
IV quarter	32,0	20,1	3,7	55,4	49,4	3,9	16,4	19,1	11,2	10,4
<b>2023</b>	124,4	80,1	14,0	227,2	202,0	15,6	76,3	78,5	45,0	42,3
I quarter	30,6	19,5	3,4	55,4	50,4	3,9	16,0	17,5	11,2	10,5
II quarter	31,1	19,7	3,5	57,7	50,7	3,9	15,6	19,4	11,1	10,4
III quarter	31,1	20,0	3,4	57,5	50,4	3,9	27,5	22,2	11,3	10,8
IV quarter	31,7	20,9	3,6	56,6	50,5	3,9	17,2	19,5	11,4	10,7
<b>2024</b>										
I quarter	30,8	20,2	3,5	56,3	51,5	3,9	16,9	18,1	11,3	10,7
II quarter	30,4	20,2	3,5	57,9	50,6	3,8	16,5	20,1	11,1	10,6
III quarter	31,2	20,5	3,5	59,1	52,5	4,0	29,1	22,6	11,4	11,3

### Elektronnye tables:

[Food Consumption in Households of the Republic of Kazakhstan](#)

### Dynamic tables:

[1. Consumption product queries population for 2001 -2023 year.](#)

[2. Consumption mainservice product queries population by quarter \(on average per capita per quarter, kg\) for 2015-2024g.](#)

## 3. Glossary

Household housekeeping – aextraveconomical subject, living in one or the other physical person, living in a shuttle, sharing in or part of its income and property, and in a shuttle consuming cargo and services.

Main consumption of the main product queries, in the average population-quantity of product queries (separate by type of product), consumption in the average member of the household consumption for a variable length of time. On the other hand, we calculate the putem divisions to be used by the species of the species and the species of the species to be used by the species of the species. Below, a group consumption group is split into four groups representing a particular product.

## 4. Methodological explanations

Data on the survey of population budgets by standard of living are formed on a quarterly and annual basis, based on surveys of 12,000 households, in accordance with the Methodology of organizations and conducting a sample survey of households by standard of living, approved by Order No. 31 of the Chairman of the Committee on Statistics of the Ministries of National Economy of Kazakhstan dated July 2, 2020, registered with the Ministry of Justice Of the Republic of Kazakhstan on July 3, 2020 No. 20922, with the methodology of the constructed sample of households on the survey of living standards, last week the chairman of the committee on statistics Ministries of the National Canberrans of Kazakhstan from December 20, 2023 to apostille№237.

## 5. Useful links

[Methodology for organizing and conducting a sample survey of households by standard of living](#)

[Household sampling methodology for the Living Standards Survey](#)

[Statistical form D 003 "Diary of daily expenses"](#)

[Statistical form D 004 "Register of quarterly expenses and incomes" \(frequency quarter and year\)](#)

[Consumption of basic food products, Information and analytical system «Taldau»](#)

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