

Food Consumption in Households

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1. Key points

In I quarter of 2024, compared with the corresponding period of the previous year there was a slight rise in consumption for all food groups except oils and fats.

Meat and meat products (16,8%), bread products and cereals (8%) account for the largest share of food purchase expenses in household consumer spending, as in previous periods. The highest level of consumption of meat and meat products is observed in Zhambyl, Mangystau, Atyrau regions, and the lowest is in the city of Shymkent.

2. Food Consumption in Households

Food consumption in I quarter of 2024

on average per capita per quarter, kg

	Bakery products and cereals	Meat and meat products	Fish and seafood	Milk and dairy products	Eggs (pieces)	Oils and Fats	Fruits	Vegetables	Potatoes	Sugar, jam, honey, chocolate, confectionery
Republic of Kazakhstan	30,8	20,2	3,5	56,3	51,5	3,9	16,9	18,1	11,3	10,7
Abay	30,1	17,7	3,3	60,6	50,7	3,7	14,0	13,7	8,0	9,6
Akmola	29,5	21,8	4,1	66,6	68,8	4,7	18,8	15,3	11,9	11,1
Aktobe	28,0	16,3	3,1	43,6	44,9	3,8	14,7	13,7	9,9	10,8
Almaty	33,3	21,5	3,4	44,3	42,8	3,3	14,0	16,2	10,3	10,8
Atyrau	30,4	23,5	4,6	48,0	42,4	3,5	12,6	15,0	10,7	8,6
Batys Kazakhstan	32,1	21,6	4,8	50,6	48,6	4,1	18,0	17,5	12,8	9,5
Zhambyl	36,1	25,2	3,5	61,0	45,1	4,8	16,5	17,9	12,4	11,8
Zhetysu	38,6	21,9	3,6	56,9	40,5	3,8	17,6	18,8	10,4	12,7
Karagandy	26,2	20,8	3,5	69,2	73,2	4,7	19,6	16,4	11,2	11,8
Kostanay	29,0	21,0	4,2	55,4	61,9	3,9	17,8	19,6	13,0	11,5
Kyzylorda	33,4	16,5	3,9	40,5	44,3	3,9	13,6	16,3	11,3	10,5
Mangystau	24,9	24,8	2,3	57,3	42,7	4,8	21,9	18,2	12,4	9,5
Pavlodar	31,1	21,6	3,5	58,9	47,4	4,0	16,4	17,0	11,8	11,0
Soltustik Kazakhstan	27,9	19,3	4,7	58,9	67,9	3,9	18,6	15,4	11,5	11,0
Turkistan	41,6	16,0	3,1	52,8	42,8	4,5	14,8	23,0	11,4	10,2
Ulytau	29,8	21,1	3,1	64,7	66,5	5,7	18,5	17,8	12,4	14,6
Shyys Kazakhstan	28,7	21,8	5,0	72,7	55,4	3,8	19,0	15,7	10,9	11,1
Astana city	25,2	19,6	3,1	62,3	64,4	2,9	19,9	19,5	11,8	9,0
Almaty city	23,9	21,6	3,6	67,6	56,0	3,9	20,1	21,7	12,0	12,6
Shymkent city	30,0	15,9	1,6	39,6	47,1	3,3	13,2	18,0	9,8	8,1

Consumption of basic food products

	on average per capita, kg									
	Bakery products and cereals	Meat and meat products	Fish and seafood	Milk and dairy products	Eggs (pieces)	Oils and fats	Fruits	Vegetables	Potatoes	Sugar, jam, honey, chocolate, confectionery product
2020	140,3	83,7	15,1	259,4	199,1	17,3	78,7	86,4	50,1	43,0
I quarter	35,4	21,0	3,7	66,2	49,7	4,3	17,0	19,4	12,9	10,9
II quarter	35,0	20,3	3,8	66,0	50,4	4,4	15,9	21,1	12,1	10,8
III quarter	35,0	21,3	3,7	64,7	50,4	4,3	27,9	24,9	12,7	11,0
IV quarter	35,5	21,3	4,0	63,4	49,2	4,3	18,0	21,2	12,5	10,6
2021	133,8	82,3	14,8	243,2	193,9	16,2	76,8	80,6	46,3	44,0
I quarter	32,6	19,8	3,4	57,7	46,3	3,9	15,5	17,9	11,6	10,4
II quarter	33,3	20,2	3,8	61,3	49,1	4,2	15,9	19,9	11,5	11,0
III quarter	33,6	20,9	3,6	61,9	49,6	4,1	28,4	22,9	11,6	11,6
IV quarter	34,3	21,3	4,0	62,2	48,8	4,0	17,1	19,9	11,7	11,1
2022	128,0	78,2	14,1	226,4	194,6	15,7	73,0	77,6	45,0	41,1
I quarter	32,5	19,8	3,5	56,3	47,2	3,9	15,6	17,4	11,4	10,3
II quarter	31,8	19,0	3,5	58,0	48,9	3,9	15,0	19,1	11,2	10,2
III quarter	31,7	19,3	3,4	56,3	48,4	3,9	26,0	22,0	11,1	10,4
IV quarter	32,0	20,1	3,7	55,4	49,4	3,9	16,4	19,1	11,2	10,4
2023	124,4	80,1	14,0	227,2	202,0	15,6	76,3	78,5	45,0	42,3
I quarter	30,6	19,5	3,4	55,4	50,4	3,9	16,0	17,5	11,2	10,5
II quarter	31,1	19,7	3,5	57,7	50,7	3,9	15,6	19,4	11,1	10,4
III quarter	31,1	20,0	3,4	57,5	50,4	3,9	27,5	22,2	11,3	10,8
IV quarter	31,7	20,9	3,6	56,6	50,5	3,9	17,2	19,5	11,4	10,7
2024										
I quarter	30,8	20,2	3,5	56,3	51,5	3,9	16,9	18,1	11,3	10,7

Spreadsheets:

Food Consumption in Households of the Republic of Kazakhstan

Dynamic tables:

1. Consumption product queries population for 2001 -2023 year.
2. Consumption mainservice product queries population by quarter (on average per capita per quarter, kg) for 2015-2024.

2. Glossary

Household housekeeping – a extraveconomical subject, living in one or the other physical person, living in a shuttle, sharing in or part of its income and property, and in a shuttle consuming cargo and services.

Main consumption of the main product queries, in the average population-quantity of product queries (separate by type of product), consumption in the average member of the household consumption for a variable length of time. On the other hand, we calculate the putem divisions to be used by the species of the species and the species of the species to be used by the species of the species. Below, a group consumption group is split into four groups representing a particular product.

4. Methodological explanations

Data on the survey of population budgets by standard of living are formed on a quarterly and annual basis, based on surveys of 12,000 households, in accordance with the Methodology of organizations and conducting a sample survey of households by standard of living, approved by Order No. 31 of the Chairman of the Committee on Statistics of the Ministries of National Economy of Kazakhstan dated July

2, 2020, registered with the Ministry of Justice Of the Republic of Kazakhstan on July 3, 2020 No. 20922, with the methodology of the constructed sample of households on the survey of living standards, last week the chairman of the committee on statistics Ministries of the National Canberrans of Kazakhstan from December 20, 2023 to apostille№237.

5. Links to related publications

Collection "living populations in Kazakhstan"

6. Useful links

[Methodology for organizing and conducting a sample survey of households by standard of living](#)

[Household sampling methodology for the Living Standards Survey](#)

[Statistical form D 003 "Diary of daily expenses"](#)

[Statistical form D 004 "Register of quarterly expenses and incomes" \(frequency quarter and year\)](#)

[Consumption of basic food products, Information and analytical system «Taldau»](#)

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